

Treating pre-menstrual syndrome (PMS): what's the evidence?

Lynda Ware for Evidently Cochrane 28 September 2017

References

Green LJ, O'Brien PMS, Panay N, Craig M, on behalf of the Royal College of Obstetricians and Gynaecologists. Management of premenstrual syndrome. (Green-Top Guideline no. 48). 2nd ed. BJOG 2017;124:e73-105. Available from: <http://onlinelibrary.wiley.com/doi/10.1111/1471-0528.14260/epdf>

Lopez LM, Kaptein AA, Helmerhorst FM. Oral contraceptives containing drospirenone for premenstrual syndrome. Cochrane Database of Systematic Reviews 2012, Issue 2. Art. No.: CD006586. DOI: 10.1002/14651858.CD006586.pub4.
<http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD006586.pub4/full>

Marjoribanks J, Brown J, O'Brien PMS, Wyatt K. Selective serotonin reuptake inhibitors for premenstrual syndrome. Cochrane Database of Systematic Reviews 2013, Issue 6. Art. No.: CD001396. DOI: 10.1002/14651858.CD001396.pub3.
<http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD001396.pub3/full>

Naheed B, Kuiper JH, Uthman OA, O'Mahony F, O'Brien PMS. Non-contraceptive oestrogen-containing preparations for controlling symptoms of premenstrual syndrome. Cochrane Database of Systematic Reviews 2017, Issue 3. Art. No.: CD010503. DOI: 10.1002/14651858.CD010503.pub2.
<http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD010503.pub2/full>

National Institute for Health and Care Excellence. Clinical Knowledge Summaries: Premenstrual syndrome. London: National Institute for Health and Care Excellence; 2014 March. Available from: <https://cks.nice.org.uk/premenstrual-syndrome#!scenario>