‘Asking about your sex life isn’t vulgar, it’s vital’ Elaine Miller for Evidently Cochrane, 06 April 2017

References


   NICE Guideline recommendations on sexual activity:

   1.1.32
   Reassure patients that after recovery from an MI, sexual activity presents no greater risk of triggering a subsequent MI than if they had never had an MI. [2007]
1.1.33
Advise patients who have made an uncomplicated recovery after their MI that they can resume sexual activity when they feel comfortable to do so, usually after about 4 weeks. [2007]

1.1.34
Raise the subject of sexual activity with patients within the context of cardiac rehabilitation and aftercare. [2007]


