

'Asking about your sex life isn't vulgar, it's vital' Elaine Miller for Evidently Cochrane, 06 April 2017
References

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NICE Guideline recommendations on sexual activity:
1.1.32
Reassure patients that after recovery from an MI, sexual activity presents no greater risk of triggering a subsequent MI than if they had never had an MI. [2007]

1.1.33

Advise patients who have made an uncomplicated recovery after their MI that they can resume sexual activity when they feel comfortable to do so, usually after about 4 weeks.

[2007]

1.1.34

Raise the subject of sexual activity with patients within the context of cardiac rehabilitation and aftercare. [2007]

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