

## Being patient with EBM.

Kit Byatt and Sarah Chapman for Evidently Cochrane 26 April 2018

### References

British Heart Foundation (n.d.) "Statins". *British Heart Foundation, Heart health, Treatments*. Web. Available from: <https://www.bhf.org.uk/heart-health/treatments/statins> [Accessed 20 April 2018]

Byatt K. Overenthusiastic stroke risk factor modification in the over-80s: Are we being disingenuous to ourselves, and to our oldest patients? *BMJ Evidence-Based Medicine*. 2014 Feb;**19**:121-122.  
Available from: <http://ebm.bmj.com/content/19/4/121>

Lehman R. (2015) "Richard Lehman on prescribing spironolactone. *thebmjopinion*. Web. Available from: <http://blogs.bmj.com/bmj/2015/10/23/richard-lehman-on-prescribing-spiroonolactone/> [Accessed 20 April 2018]

National Institute for Health and Care Excellence (2014). NICE Clinical guideline 181. Lipid modification. Cardiovascular risk assessment and the modification of blood lipids for the primary and secondary prevention of cardiovascular disease.  
<https://www.nice.org.uk/guidance/cg181>

Rosito G, Stein AT. Statins for preventing major vascular events in people with hypertension (Protocol). *Cochrane Database of Systematic Reviews* 2010, Issue 12. Art. No.: CD004933. DOI: 10.1002/14651858.CD004933.pub2.  
<http://cochranelibrary-wiley.com/doi/10.1002/14651858.CD004933.pub2/full>

Sackett DL, Rosenberg WMC, Gray M, Haynes B, Richardson S. Evidence based medicine: what it is and what it isn't. *BMJ*. 1996 Jan;**312**:71.  
Available from: <https://www.bmj.com/content/312/7023/71>

Shepherd J, Blauw GJ, Murphy MB, Bollen ELEM, Buckley BM, Cobbe SM et al. Pravastatin in elderly individuals at risk of vascular disease (PROSPER): a randomised controlled trial. *Lancet*. 2002 Nov;**360**(9346):1623-1630.  
Available from: <https://www.ncbi.nlm.nih.gov/pubmed/12457784>

Taylor F, Huffman MD, Macedo AF, Moore THM, Burke M, Davey Smith G, Ward K, Ebrahim S. Statins for the primary prevention of cardiovascular disease. *Cochrane Database of Systematic Reviews* 2013, Issue 1. Art. No.: CD004816. DOI:10.1002/14651858.CD004816.pub5.  
<http://cochranelibrary-wiley.com/doi/10.1002/14651858.CD004816.pub5/full>

