

Affordable ways to support people who want to quit smoking

Jonathan Livingstone-Banks for Evidently Cochrane 31 May 2019 updated February 2023

References

Centers for Disease Control and Prevention. Quitting Smoking Among Adults—United States, 2000–2015. *Morbidity and Mortality Weekly Report* 2017;65(52):1457-64.

GBD 2015 Risk Factors Collaborators. Global, regional, and national comparative risk assessment of 79 behavioural, environmental and occupational, and metabolic risks or clusters of risks, 1990–2015: a systematic analysis for the Global Burden of Disease Study 2015. *Lancet* 2016;388(10053):1659-724. [DOI: 10.1016/S0140-6736(16)31679-8]

Hartmann-Boyce J, Livingstone-Banks J, Ordóñez-Mena JM, Fanshawe TR, Lindson N, Freeman SC, Sutton AJ, Theodoulou A, Aveyard P. Behavioural interventions for smoking cessation: an overview and network meta-analysis. *Cochrane Database of Systematic Reviews* 2021, Issue 1. Art. No.: CD013229. DOI: 10.1002/14651858.CD013229.pub2

Livingstone-Banks J, Ordóñez-Mena JM, Hartmann-Boyce J. Print-based self-help interventions for smoking cessation. *Cochrane Database of Systematic Reviews* 2019, Issue 1. Art. No.: CD001118. DOI: 10.1002/14651858.CD001118.pub4.

Matkin W, Ordóñez-Mena JM, Hartmann-Boyce J. Telephone counselling for smoking cessation. *Cochrane Database of Systematic Reviews* 2019, Issue 5. Art. No.: CD002850. DOI: 10.1002/14651858.CD002850.pub4.