

Loneliness in older people: could video calls help?

Sarah Chapman for Evidently Cochrane 18 June 2020

References and further reading

Chapman S. "[What helps older people take their medication correctly?](#)" Evidently Cochrane blog, 5 June 2020. Web. 16 June 2020.

Noone C, McSharry J, Smalle M, Burns A, Dwan K, Devane D, Morrissey EC. **Video calls for reducing social isolation and loneliness in older people: a rapid review.** Cochrane Database of Systematic Reviews 2020, Issue 5. Art. No.: CD013632. DOI: 10.1002/14651858.CD013632<https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD013632/full>

Further reading

Related Governmental policy and strategies:

Welsh Government. *Connect communities: a strategy for tackling loneliness and social isolation and building stronger social connections.* Cardiff: Welsh Government; February 2020. Available from:<https://gov.wales/sites/default/files/publications/2020-02/connected-communities-strategy-document.pdf>

Institute of Public Health in Ireland. *A Connected island: an Ireland free from loneliness: a report from the Loneliness Taskforce.* Belfast and Dublin: Institute of Public Health; 2018. Available from:<https://lonelinesstaskforce.files.wordpress.com/2018/06/loneliness-taskforce-a-connected-island-an-ireland-free-from-loneliness.pdf>

Jo Cox Commission on Loneliness Report. *Combatting loneliness one conversation at a time: a call to action.* London: Age UK; December 2017. Available from: https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/active-communities/rb_dec17_jocox_commission_finalreport.pdf

Bellis A, Loft P. *Tackling loneliness.* (Briefing paper number 8514). London: House of Commons Library; February 2020. Available from: <http://researchbriefings.files.parliament.uk/documents/CBP-8514/CBP-8514.pdf>

UK Government. *A Connected society: a strategy for tackling loneliness – laying the foundations for change.* London: UK Government; October 2018. Available from:https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/750909/6.4882_DCMS_Loneliness_Strategy_web_Update.pdf

Scottish Government. *A Connected Scotland: our strategy for tackling social isolation and loneliness and building stronger social connections.* Edinburgh: Scottish Government; December 2018. Available from:<https://www.gov.scot/publications/connected-scotland->

[strategy-tackling-social-isolation-loneliness-building-stronger-social-connections/pages/3/](https://www.gov.uk/government/strategy-tackling-social-isolation-loneliness-building-stronger-social-connections/pages/3/)

Department for Digital, Culture, Media & Sport and the Office for Civil Society, UK Government. *Loneliness Annual Report: January 2020*. London: UK Government; January 2020. Available from: <https://www.gov.uk/government/publications/loneliness-annual-report-the-first-year/loneliness-annual-report-january-2020--2>

Related website:

The Campaign to End Loneliness - <https://www.campaigntoendloneliness.org/>

Related NICE guidance:

National Institute for Health and Care Excellence. *Older people: independence and mental wellbeing*. London: National Institute for Health and Care Excellence; 2015. (**NICE NG32**). [Issued December 2015; reviewed March 2018; no update planned]. Available from: <https://www.nice.org.uk/guidance/ng32>