

Hormonal contraceptives for treating pain associated with endometriosis: the latest evidence

Martin Hirsch and Claire Barker for Evidently Cochrane 23 March 2021

References

Brown J, Crawford TJ, Allen C, Hopewell S, Prentice A. Nonsteroidal anti-inflammatory drugs for pain in women with endometriosis. Cochrane Database of Systematic Reviews 2017, Issue 1. Art. No.: CD004753. DOI: 10.1002/14651858.CD004753.pub4.

<https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD004753.pub4/full>

Brown J, Crawford TJ, Datta S, Prentice A. Oral contraceptives for pain associated with endometriosis. Cochrane Database of Systematic Reviews 2018, Issue 5. Art. No.: CD001019. DOI: 10.1002/14651858.CD001019.pub3.

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National Institute for Health and Care Excellence. Patient decision aid: Hormone treatment for endometriosis symptoms – what are my options? London: National Institute for Health and Care Excellence; 2017. [Issued September 2017]. Available from:

<https://www.nice.org.uk/guidance/ng73/resources/patient-decision-aid-hormone-treatment-for-endometriosis-symptoms-what-are-my-options-pdf-4595573197>

Further information and resources:

- The **Cochrane Gynaecology and Fertility group** has published over 20 intervention reviews and protocols investigating the effectiveness and safety of treatments for the management of endometriosis. In addition, we have published five diagnostic test accuracy reviews assessing the effectiveness of various tests in the diagnosis of endometriosis. Read more here: <https://cgf.cochrane.org/news/endometriosis-awareness-month-2020>
- **Endometriosis UK** has a variety of resources, publications and information <https://endometriosis-uk.org/>

Further Cochrane Reviews and related resources on endometriosis and pain relief:

Newly updated with conclusions changed: Bafort C, Beebeejaun Y, Tomassetti C, Bosteels J, Duffy JMN. **Laparoscopic surgery for endometriosis**. *Cochrane Database of Systematic Reviews* 2020, Issue 10. Art. No.: CD011031. DOI: 10.1002/14651858.CD011031.pub3 <https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD011031.pub3/full>

Related Cochrane Clinical Answer

Tort S, Burch J. How does laparoscopic treatment compare with diagnostic laparoscopy for pain and subfertility for women with endometriosis? Cochrane Library, Cochrane Clinical Answers, 19 November 2020. <https://www.cochranelibrary.com/cca/doi/10.1002/cca.3397/full>

Fu J, Song H, Zhou M, Zhu H, Wang Y, Chen H, Huang W. **Progesterone receptor modulators for endometriosis**. *Cochrane Database of Systematic Reviews* 2017, Issue 7. Art. No.: CD009881. DOI: 10.1002/14651858.CD009881.pub2 <https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD009881.pub2/full>

Related Cochrane Clinical Answer:

Bunt C. “What are the benefits and harms of mifepristone in women with endometriosis?” Cochrane Library, Cochrane Clinical Answer, 24 November 2017. Web. 23 October 2020. <https://www.cochranelibrary.com/cca/doi/10.1002/cca.1843/full>