

Predicting depression relapse: is this possible and useful?

Andrew Moriarty, Nick Meader, Emma Williams and Carolyn Chew-Graham for Evidently Cochrane, 06 August 2021

References

1. World Health Organization. Key facts: depression. Geneva: World Health Organization; 30 January 2020. Web. 04 August 2021. Available from: <https://www.who.int/news-room/fact-sheets/detail/depression>
2. Horowitz M. Stopping antidepressants: what is the best way to come off them? *Evidently Cochrane* blog, 04 June 2021. Web. 22 June 2021. <https://www.evidentlycochrane.net/stopping-antidepressants-what-is-the-best-way-to-come-off-them/>
3. Clarke K, Mayo-Wilson E, Kenny J, Pilling S. Can non-pharmacological interventions prevent relapse in adults who have recovered from depression? A systematic review and meta-analysis of randomised controlled trials. *Clin Psychol Rev.* 2015;39:58–70. Available from: <http://dx.doi.org/10.1016/j.cpr.2015.04.002>
4. John R Geddes, Stuart M Carney, Christina Davies, Toshiaki A Furukawa, David J Kupfer, Ellen Frank GMG. Relapse prevention with antidepressant drug treatment in depressive disorders: A systematic review. *Lancet.* 2003;361(9358):653–61. Available from:
[http://www.embase.com/search/results?subaction=viewrecord&from=export&id=L36246547%0Ahttp://dx.doi.org/10.1016/S0140-6736\(03\)12599-8%0Ahttp://sfx.library.uu.nl/utrecht?sid=EMBASE&issn=01406736&id=doi:10.1016%2FS0140-6736%2803%2912599-8&atitle=Relapse+prev](http://www.embase.com/search/results?subaction=viewrecord&from=export&id=L36246547%0Ahttp://dx.doi.org/10.1016/S0140-6736(03)12599-8%0Ahttp://sfx.library.uu.nl/utrecht?sid=EMBASE&issn=01406736&id=doi:10.1016%2FS0140-6736%2803%2912599-8&atitle=Relapse+prev)
5. Lenora R, Kumar A, Uphoff E, Meader N, Furtado VA. Interventions for helping people recognise early signs of recurrence in depression. *Cochrane Database of Systematic Reviews* 2019, Issue 7. Art. No.: CD013383. DOI: 10.1002/14651858.CD013383. Accessed 04 August 2021.
<https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD013383/full>
6. Moriarty AS, Meader N, Snell KIE, Riley RD, Paton LW, Chew-Graham CA, Gilbody S, Churchill R, Phillips RS, Ali S, McMillan D. Prognostic models for predicting relapse or recurrence of major depressive disorder in adults. *Cochrane Database of Systematic Reviews* 2021, Issue 5. Art. No.: CD013491. DOI: 10.1002/14651858.CD013491.pub2. Accessed 04 August 2021.
<https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD013491.pub2/full>

See also:

Burch J, Tort S. “For adults with depression, can prognostic models predict relapse/recurrence of major depressive disorder?” *Cochrane Library, Cochrane Clinical Answers*, 18 May 2021. Web. 6 August 2021.
<https://www.cochranelibrary.com/cca/doi/10.1002/cca.3693/full>

Cochrane. New prognostic review: Predicting relapse or recurrence of depression. *Cochrane.org*, 05 May 2021. Web. 06 August 2021. <https://www.cochrane.org/news/new-prognostic-review-predicting-relapse-or-recurrence-depression>

